

10 TRANSFORMATIONAL TRUTHS by Emelia Sam

1 If it doesn't **RESONATE**, release.

2 A love that binds is not **LOVE**.

3 Dim your **LIGHT** for no one.

4 Circumstances are entirely neutral. Only you assign **MEANING**.

5 **LIFE** is too short to waste time playing dead.

6 Make **PROGRESS** or make excuses.

7 Every complaint is really just a **FEAR** in disguise.

8 Get off the plateau. **FACE** the incline.

9 **IGNORE** the advocates of mediocrity.

10 **UNIVERSAL** wisdom is beyond your idea of logic.